



# Brain Buzz

## A MONTHLY NEWSLETTER UPDATE



### Helpful Resources

#### [INTRO TO SUPPORTED CONVERSATIONS: FOR ADULTS WITH APHASIA](#)

The Aphasia Institute is re-launching their FREE self-directed eLearning module, Introduction to Supported Conversation for Adults with Aphasia (SCA™), now compliant with AODA accessibility standards. Click [here](#) or visit the QR code to access the module.



#### [CONTINUED PROFESSIONAL DEVELOPMENT FUND](#)

Are you a clinician working in stroke care within the Southwestern Ontario Stroke Network Region? If so, you are eligible to apply for funding to support your participation in stroke-related education. Check out the application [here](#) or visit the QR code. Applications must be received by March 1st for this fiscal year.



#### [SMART TIPS](#)

Please scan the QR code or click [here](#) to access SmartTips from anywhere. It is a quick, simple and free resource, highlighting common changes post stroke. If you're interested in having stickers of the QR code made to easily promote the resource to patients and caregivers, please contact Steph: [stephanie.vanderpol@lhsc.on.ca](mailto:stephanie.vanderpol@lhsc.on.ca)



### Month of

## February

### Upcoming Events

**February 12. 11:00 OR 14:00**

The Art of Client Teaching, CSRSN ([details and registration here](#))

**February 12. 12:30-13:00**

From Call to Care: The Dynamic Duo of EMS & Public Awareness in Stroke, NWOSN ([join here](#))

**February 19. 11:30**

Shifting Your Mindset: The Truth about Tobacco & the Power of Brief Intervention, CSRSN ([details and registration here](#))

### Team Updates

**Acute:** Organizations across Ontario that provide stroke care use data to support stroke best practice implementation across the continuum of care. In the southwest, we rely on an integrated system that allows us to follow a patient journey. Our partners in Central South did a fantastic job highlighting how data is used to drive best practice care. You can read more here: [Leveraging Shared Data to Drive Stroke Best Practice](#)

**Rehab:** At SWOSN we **love** to highlight the great work of other regional stroke networks, and Champlain Regional Stroke Network's (CRSN) infographic resources are NO exception! Developed by the CRSN's Best Practice team, you can find these resources by [clicking here](#).

**Community and LTC:** Stay up-to-date with the most current happenings in LTC through the Ontario Centres for Research and Innovation in Long Term Care. Get the free app or check them out [online](#). We are starting to collect Data from Community Adult Day Programs this month using the results over time to support SWOSN in understanding the current state of adult day programs for stroke clients and on a monthly basis to re-evaluate flow, transitions and barriers. Coming up: Stroke Journey Map.

**Prevention:** FAST Heroes Update: next session start date is March 17, 2025! Steps to get involved:

1. Email to express your interest and to learn more [fastheroes@fastheroes.org](mailto:fastheroes@fastheroes.org)
2. You will be connected with Canada's country coordinator to get your teachers set up
3. Join the global movement of FAST Heroes!

Together we can create a generation of young superheroes ready to spring into action and protect their loved ones. Let's save the world, one grandparent at a time!

### Contact Information

For more information contact SWOSN at

[swosn@lhsc.on.ca](mailto:swosn@lhsc.on.ca)



**Stroke Network**  
Southwestern Ontario